

May Half Term 2025

Below is some useful information and ideas to share with Parents.

How to listen to your child.

YOUNGMINDS

[How to really listen to your child | YoungMinds](#)



[Place2Be: Parenting Smart: Building listening skills for parents](#)

Social Media and my child



[Social media, my children and me | Place2Be](#)

[Place2Be: Parenting Smart: Safe social media for primary aged children](#)

NSPCC

[What is social media? | NSPCC](#)

**internet
matters.org**

[Social media advice hub | Internet Matters](#)

Asking for Help



[Asking for help \(for adults\)](#)

[Asking for help \(for young people\)](#)

Half term challenges



giving nature a home

Go birdwatching

How many of these birds can you see around where you live?
As you spot each bird, write down where you saw it.

 <p>House sparrow Look in hedges, parks and gardens for small, chirpy, streaky brown birds. Male has grey cap and black chin; female is plainer.</p> <p>Where?</p>	 <p>Starling Bigger than a sparrow, but smaller than a blackbird (speckled in winter), short tail, pointed beak and waddling walk. Often in flocks.</p> <p>Where?</p>	 <p>Blue tit Tiny green and yellow bird with blue wings and tail. Look for blue cap edged with white. Common in gardens and woods.</p> <p>Where?</p>	 <p>Blackbird Common in gardens and woods, between sparrow and pigeon in size. Male black with yellow beak, female brown.</p> <p>Where?</p>
 <p>Woodpigeon Common, big, grey pigeon with a white band on the wing and white neck patches. Wings make a noisy clatter. Often in flocks.</p> <p>Where?</p>	 <p>Robin A small, perky garden and woodland bird. The orange-red face and chest are unique but not quite as bright as you might expect.</p> <p>Where?</p>	 <p>Great tit Smaller than a sparrow but bright, bold and noisy. Has a black cap, big white cheek patches and black stripe down front.</p> <p>Where?</p>	 <p>Goldfinch Brightly-coloured sparrow-sized, usually seen in flocks, giving ringing calls.</p> <p>Where?</p>
 <p>Action Write and tell us what you saw when you went birdwatching.</p>	 <p>Collared dove A small, slim, pale dove. Look for the thin black band around the back of the neck. Often in gardens.</p> <p>Where?</p>	 <p>Magpie Big, long-tailed black and white bird like nothing else. Makes loud chattering noise. Often in gardens, farmland and woods.</p> <p>Where?</p>	 <p>Chaffinch A sparrow-sized bird of gardens, fields and woods. Look for two white bars across the wing and white sides to the tail.</p> <p>Where?</p>

Wild activities!

www.rspb.org.uk/wildchallenge
Sign up and earn rewards!



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At-Home Activities Scavenger Hunt

50 Things to Find on a Nature Walk!

How many of these items can you find on your next nature walk?
Keep hunting until you find them all!

- ☐ Find three different coloured stones
- ☐ Find an insect with six legs
- ☐ Find something that is prickly
- ☐ Find two different types of leaves
- ☐ Find something that is alive
- ☐ Find something that is colourful
- ☐ Find something that grows
- ☐ Find something that makes noise
- ☐ Find something that comes from a tree
- ☐ Find a spider web
- ☐ Find a long piece of grass
- ☐ Find a feather
- ☐ Find a puddle
- ☐ Find something that has a smell
- ☐ Find something that is green
- ☐ Find a bug that is red
- ☐ Name two things in nature that are taller than you
- ☐ Find something that can fly
- ☐ Find something that needs water
- ☐ Find something that crawls
- ☐ Find something that is soft
- ☐ Find a bird's nest. (no touching!)
- ☐ Find three different coloured flowers
- ☐ Find a pine needle
- ☐ Find two different sticks
- ☐ Find a piece of bark
- ☐ Find a pinecone
- ☐ Find a tree stump
- ☐ Spot a squirrel
- ☐ Spot a butterfly
- ☐ Find something that is smooth
- ☐ Find a mushroom
- ☐ Spot three different clouds
- ☐ Find a piece of litter and throw it away
- ☐ Find a dandelion
- ☐ Find something with veins
- ☐ Find something with a hole in it
- ☐ Find something that flies
- ☐ Find something starting to grow
- ☐ Find something you think is pretty
- ☐ Find roots
- ☐ Spot a bunny
- ☐ Find a footprint
- ☐ Find a plant that is dead
- ☐ Find something that is blue
- ☐ Find something that needs the sunshine
- ☐ Find something that needs water
- ☐ Find a clover
- ☐ Find a berry
- ☐ Find something shaped like a circle

