



Core Knowledge

- To be able to identify some healthy and unhealthy food choices
- To know about simple hygiene rules around preparing food
- To look at existing products and use ideas to design their own pitta pizza

Key Vocabulary

Vocabulary	Definition
Cutlery	Tools used for eating such as knives, forks and spoons
To Spread	To cover a wider area with something
Grate	To cut food into really small pieces by rubbing it against a tool (called a grater)
Slice	A thinnish piece that has been cut from a larger piece of food



Key Skills

- How to safely use a knife to cut vegetables — 'bridge cut'
- How to spread sauce using a spoon
- How to grate cheese

